

Hawthorne Elementary Newsletter

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Issue #: 8

Date: December 18, 2020

Important Dates to Remember:

Dec 21- Jan 3	Winter Vacation Period
Jan 4	School Re-opens
Jan 18	PAC Zoom Meeting 6:30pm
Jan 22	Non- Instructional Day/Pro-D Day

Dear Parents/Guardians:

Focusing on the Positive

- When you ask parents what they want for their kids, the most common reply is that they want their children to be happy. Several years ago, Time magazine featured an [article](#) called *How to Raise Happy Kids: 10 Steps Backed by Science*. The article points out that while sometimes it's hard to balance what's best for children with what makes them happy, the two don't have to be mutually exclusive.

- We encourage you to read the full article, but if you don't have time, here are the 10 steps:

1. Get happy yourself
2. Teach them to build relationships
3. Expect effort, not perfection
4. Teach optimism
5. Teach emotional intelligence
6. Form happiness habits
7. Teach self-discipline

- 8. More playtime
- 9. Rig their environment for happiness
- 10. Eat dinner together

At Hawthorne this year we decided in our Christmas Committee, to bring holiday cheer to all the classes and families by doing a school-wide spoken poem called *Twas The Night Before Christmas 2020* in our own separate learning groups to prioritize safety first. Here is the link below to that video:

<https://youtube/prM11WHAjRc>

We hope you have a safe, relaxing and fun winter break this year and we look forward to seeing you all in the New Year refreshed and ready to continue our learning together. Thank you to all the staff, parents, PAC, students and community for placing safety first this year.

Mrs. B. Bryan
Acting Principal

Mrs. M. Graham
Acting Vice Principal

